



Menomonie Middle School Newsletter

October/November 2019

Mark Your Calendar

Wed. Oct. 2: Native Am. Dance
Co. presentation, 1:30 – 2:30

Thurs. Oct. 3: Picture Retakes

Fri. Oct. 4: 7th Grade
Environmental Site Field Trip

Fri. Oct. 4: 8th Grade Music
trip to “Mean Girls”

Fri. Oct 11: 8th Grade
Environmental Site Field Trip

Thurs. Oct. 17: PD Day –
No School!

Fri. Oct. 18: No School!

Wed. Oct. 23: Camp to Belong
8th Grade Presentation

Sat. Oct. 26: Mustang 5K Run

Sat. Oct. 26: Love & Logic
Parenting Class

Tues. Oct. 29: Smart Girls
Rock

Thurs. Oct. 31: Halloween

Sun. Nov. 3: Daylight Savings
Time Ends

Tues. Nov. 5: Term 1 Ends

Thurs. Nov. 7: Parent Teacher
Conferences

Fri. Nov. 8: Veteran’s Day
Program, 9:50am

Mon. Nov. 11: Veteran’s Day

Tues. Nov. 12: Parent/Teacher
Conferences

Thurs. Nov. 14: Fall Play

Sat. Nov. 16: Love & Logic
Parenting Class

Tues. Nov. 26: Mineral
Resource 8th Grade Field Trip

Wed. Nov. 27: PD Day –
No School!

Thurs. Nov. 28: No School –
Thanksgiving Break!

Fri. Nov. 29: No School –
Thanksgiving Break!

Greetings from Principal Boettcher!

Welcome to the 2019-20 school year!

Attitude + Effort = Success.

The start of each new school year is exciting for students and staff. We have developed a slogan at Menomonie Middle School where “My attitude Means Success.” We believe that bringing a positive attitude and showing effort will propel us towards success in everything we do. Our students have unlimited opportunities and education is the avenue to unlock those opportunities. The staff at MMS will work collaboratively to support all students on their path to achievement and success.

We have made some changes to our schedule this year that we feel will help our students achieve success. Each student starts their day by attending a CARES. CARES stands for Cooperation, Assertion, Responsibility, Empathy and Self Control. CARES is special 19 minute period of time for students to start their day in a caring environment with a teacher/mentor who provides a social/emotional, organizational and/or academic emphasis. Each student will also have a WIN period in their schedule. Our WIN model is about finding the solution that is right for each individual student, by providing scheduled time for additional learning and support. Each day our students have a 30 minute block of WIN (What I Need) time. During WIN all students participate in enrichment opportunities or intervention labs based on what the child needs. We look forward to supporting student learning through WIN this year!

Menomonie Middle School believes ALL students can learn and achieve grade level expectations with the proper time and support.

Menomonie Middle School has established clear learning targets for each grade level. WIN is the perfect time to support students who have gaps in Math or Language Arts. Students and parents/guardians can view learning expectations at a glance for each grade level. These grade level learning targets are outlined on each course syllabus and on our standards based report card. Our MMS main web page is a great source for this type of information as well.

Call us if you have trouble finding information. We are happy to help!

Attitude + Effort = Success!

Principal Bart Boettcher

MMS Welcomes New Educators to Our Team!

Welcome – Cyndi Barton, Custodian
Welcome – Jennifer Breault, SPED
Welcome – Stefanie Drake, LEAD
Welcome – Benjamin Gilbert, SPED
Welcome – Shelby Hamlin-Bowe, 6th Science
Welcome – Katherine Hugo, School Counselor (8th Grade)
Welcome – Samantha Husby, Food Service
Welcome – Victoria Johansen, Math Intervention
Welcome – Melissa Harper, Para Professional
Welcome – Benjamin Mackie, Band
Welcome – Elizabeth Peavey, Para Professional
Welcome – Michelle Pritchard, Para Professional
Welcome – Chelsea Richmond, 8th Math
Welcome – Mykayla Sygulla, School Counselor (6th Grade)
Welcome – Amy Webb, Title
Welcome – Jacklyn Wilsey, Para Professional



Doing What is Right Matters at MMS!

CORE VALUES 2019-2020

We the students at Menomonie Middle School, in order to provide a safe, equal, fair, respectful, and positive learning environment for all associated with this school, set forth the following school-wide Core Values:

RESPONSIBILITY

Be a good role model with your thoughts and actions: be on time, be prepared, be honest, and trustworthy.

RESPECT

Be caring, helpful, and supportive of yourself, everyone, and everything. Act with integrity.

ENTHUSIASM

Have a positive attitude about life and school. Do your best and have fun! This is your chance: make it count.

SAFETY

Use common sense, self-control and appropriate behavior to keep our school free of harmful or damaging behaviors.

PRIDE

Believe in yourself. Never give up. Work together as a team toward success. Be your best.

EMPATHY

Be sensitive to other people's feelings. Put yourself in the position of others.

Parent/Guardian Alliance Group!

The MMS Parent/Guardian Alliance is a group of parents/guardians and teachers who actively foster a spirit of cooperation and a sense of support, pride and enthusiasm for education. Nurturing a sense of community and engagement for families is our ambition.



Our first meeting will be held on Tuesday, October 8th,
From 5:30 – 6:30 pm in the MS Library.

Topics of discussion this month include:

Start of Year News
Cell Phone Policy
WIN Opportunities
Mustang 5K News

Interested in volunteering? Let us know!

Our second meeting will be Tuesday, December 10th

For more information please email: MenomonieMSAlliance@gmail.com

We also have a Facebook page: Parent/Guardian Alliance of MMS

MMS Is Tree Nut / Peanut Allergy Aware

Severe allergies related to tree nuts and peanuts and other related food products are on the rise. To protect the health and safety of all students who experience this type of life-threatening allergic reaction to tree nuts, peanuts, and/or products containing trace elements of these nuts- **MMS is a tree nut / peanut free school zone.** Students and families are reminded to refrain from the consumption or use of nuts at MMS. Your awareness and cooperation could save a human life!



Do You Have Questions About How to Use “Skyward Family Access”?

If you have questions about how to use our Skyward grading data base “Family Access”, you are not alone. Parents/guardians often have questions or difficulty when navigating this site. Do not hesitate to contact our front office for guidance when this occurs. We are ready and willing to assist you. To login to Family Access, go to the Parents & Community tab, go to Parent Tools and a drop down menu will come up with Skyward Family Access on it. Click on this option to access Family Access.



MMS IS A BULLY FREE SCHOOL ZONE

Principals, teachers, counselors, and other staff members at Menomonie Middle School are always willing to listen to and consider the ideas, concerns, and needs of our students and parents/guardians. Several options for communication exist:



- **Talk to an adult you trust face to face**
Choose an adult staff member you trust and talk! We like talking with students and parents/guardians! If the adult you trust seems busy, ask to set up an appointment to share later.
- **Call an Adult You Trust**
Using the telephone to communicate is perfectly OK!
- **Write to an Adult You Trust**
If talking face to face or on the telephone is too hard, write a message to an adult you trust. Written messages can be delivered to an office or classroom. We will respond to you in a timely manner.
- **Use Our MMS Idea Box**
Written messages can be dropped off in our Idea Boxes located in the middle school hallways. Paper forms are available next to each box.
- **Send an Email to an Adult You Trust**
Sending an email to an adult you trust is a safe and easy way to share. We will respond in a timely manner.

All students should feel safe at school! No concern is too small! “Stand up” for yourself and “stand up” for your friends and peers. Together, we can eliminate bullying in our school!

Student Chromebook Procedure

If your student is having issues with their chromebook, please follow these directions:

1. If a student has a chromebook issue, go to the library with your chromebook in the bag.
2. Library staff will check out a loaner chromebook to the student. **LOANERS NEED TO BE BACK AT THE END OF THE DAY, STUDENTS CAN NOT TAKE THEM HOME.**
3. Student will use the Student Tech Ticket link on the MS Portal to send their own tech ticket. **ALL GRADES HAVE BEEN SHOWN HOW TO DO THIS IN LANGUAGE ARTS.**
4. At the end of the day, the library staff will let Tech know that there are chromebooks that need to be picked up.
5. The student will be notified when the chromebook is back and ready to be picked up in the library.



Parent/Teacher Conferences

Thursday, November 7th
&
Tuesday, November 12th
4:00 pm – 7:30 pm

We're here to help you! Sometimes it can be confusing to know who to talk to. Here are a few of the main phone numbers and people to talk to.

Main School Number: (715) 232-1673

Attendance Secretary – Kelly Steinmeyer - ext. 30100

Student will not be at school.

Student is leaving school early—appointment.

Student has a planned absence—vacation.

Have a question about your student's attendance.

Nurse's Office – Amanda Eastvold —ext. 30103

Student is sick and would like to leave school.

Questions regarding medications and plans.

Food Service - Kari Sisko - (715) 232-2606 ext. 42124

Food Service is located at the High School

Questions about lunch accounts

Guidance Office – Mykayla Sygulla - ext. 30110

Questions regarding students in 6th grade.

Guidance Office - Nancy Horner - ext. 30112

Questions regarding students in 7th grade.

Guidance Office – Katherine Hugo - ext. 30108

Questions regarding students in 8th grade.

Main Office - Tina Liestman - ext. 30111

Have a question about your student's fees—tech, print fee, athletic/club fees, etc.

Parent/Family Online Access

Online Family Access is available for all families in the district. To obtain a username and password, contact our district office at (715) 232-1642. Please, for security reasons, do NOT share your parent login with your child. Go to www.sdmaonline.com and click on the **Family Access Login** link on the left side. You can access your child's attendance, grades, fees and lunch balance.

Attendance Reminder

Good school attendance is one predicator of academic success. All Menomonie Middle School students are required to be in attendance from 7:43 am to 3:05 pm. Additionally, students are reminded that they have a maximum of 10 school days that can be missed during the school year for personal illness, religious services, and family activities. If a student needs to attend an appointment during school hours, a note from a parent/guardian or that business office needs to be turned into the Attendance Office the morning of your appointment so we can get your student a pass and that it does not count against those 10 days. If your child is absent, please call the Attendance Office.



Parents

Sign up to receive daily announcements, newsletters, and other important updates. The link is available on the middle school website.



Go to Parents & Community, then to Parent Tools. You will see a drop down menu listing Daily Announcements. Click on that link. This will take you to the Middle School Announcements page. On the right side is a Subscribe button. Click on that and follow the prompts.

Please remember to update your information, emergency contacts, and fill out permission forms on Skyward Family Access for your student(s). This is important for field trip permission, student and bus code of conduct, video/photographing permission, computer network agreement, health services standing orders, and more. You can also pay online fees for the middle school and sports fees.

Free and Reduced Lunch

Families who may be experiencing financial hardship are encouraged to apply for the free and reduced lunch program. Guidelines change and family circumstances change as well. Applications are available in the middle school office, as well as the district office. Many times our families are struggling to make “ends meet” and if they are eligible for assistance, it could really help their family. In addition, students who meet free and reduced eligibility are often times eligible for other programs. However, if an application is not submitted, they cannot receive that service. To learn more about eligibility criteria or receive an application, contact the Food Service Office at (715) 232-2606 ext. 42124.





September Matters!!

While truancy issues affect a small percentage of our students, a larger group of students meet the definition of *chronically absent*. What is the difference people often ask? Truancy is defined by law as unexcused absences and indicates intent on the part of student and/or family to miss part or all of a school day. Chronic absenteeism is a term used to describe both excused and unexcused absences. This term more accurately describes the typical attendance issues found at the middle level. The cumulative effects of both excused and/or unexcused absences have a significant impact on a student's ability to learn.

Chronic absenteeism is defined as any student missing more than 18 days, or 10%, of a school year. At MMS, we don't wait until the student has missed 18 or more days before we begin to offer services. On a monthly basis, our attendance secretary will run a report of any student who has missed more than 10% of the days we have had school. This report allows us to progressively monitor absences throughout the year and identify any specific situations in need of intervention.

Middle school attendance in combination with a student's academic standing is the number one indicator of how a student will perform in high school. A recent study from the University of Chicago found students missing >10% in 8th grade will likely be off track in high school. Students missing >15% in 6th & 7th are at significant risk of failing when getting to high school, and missing >20% in 6th, 7th, & 8th almost guarantees a student will be off track to graduate at the end of the freshman year.

September is the perfect time to determine if your student's attendance is at risk of becoming chronically absent. A recent study from the Baltimore Education Research Consortium (2014) revealed these key findings:

- Students missing <2 days in September continue to average fewer than 2 days absent each month the remainder of the year
- Students missing between 2-4 days in September will continue to miss between 2-3 days/month totaling over 25 days for the year
- Students missing >4 days in September will miss an average of 6-9 days/month totaling over 70 days for the year
- 13% of students missing <2 days in September go on to be chronically absent
- In contrast, 50% missing 2-4 days in September go on to be chronically absent
- 88% of students absent for more than 4 days in September go on to be chronically absent

As we near the end of the month, use your child's September attendance to help determine their potential for becoming chronically absent this school year. All students are allowed by law 10 days of excused absences during the year. After 10 days, a doctor's note is required as documentation to excuse the absence. As a parent myself, I understand that illness and unexpected life events that may keep your child from school at some point. However, we must avoid any unnecessary absences not knowing what the remainder of the year could bring. For example, if you already have 4 or more absences following the first month of school, you are on pace to miss 36 days, or 20%. Now you are looking at 8 more months of school with only 6 more absences before a doctor's note is required.

If there are issues surrounding your child's ability to attend school, please reach out to your child's teacher, counselor, or administration. When we are able to develop a strong partnership with the student and their family, we can make an immediate and positive impact upon their attendance.

Mark Anderson
Assistant Principal

Jarrett Creek Steam Monitoring

On Friday September 20th, all 8th grade students took part in the annual stream monitoring field trip to Jarrett Creek. The science students collected water samples and conducted chemical tests (phosphorus, ammonia, chlorine, pH, dissolved oxygen). The students measured turbidity, stream flow, and conducting a biotic survey. The students are involved in a multiple year scientific study of Jarrett Creek. The students are trying to determine if a small tributary like Jarrett Creek contributes excessive nutrients and pollutants to the Red Cedar Watershed.

8th grade maroon students measuring stream flow.



L-R: Mary Vang, Kajsiaab Xiong, Aleigha Gilbertson, Angelica Harvey



Lifetouch will be at the middle school on Thursday, October 3 for picture retakes. If you missed pictures the first day of school, or need them taken again, be sure to get your picture taken. We will call students down during CARES and 1st period. Please bring your money and order form with you at that time. Order forms are available in the front office. Late envelopes cannot be accepted. Only online orders accepted after picture day. If you did not get your picture taken on the drop in day, please be sure to come down – these will be used in the yearbook.

Dental Clinic at school



Bridging Brighter Smiles, Inc. provides preventative dental care right at school! Services offered include, oral screenings, dental cleanings, sealants, fluoride varnish applications, and referral assistance. Visits are held throughout the school year. This program is open to all students in the district 4K through 12th grade.

To enroll your children, simply go to enrollment.bbsmiles.org to complete an enrollment form right online.

Questions? Call Bridging Brighter Smiles at (262) 896-9891, or visit them on the web at www.bbsmiles.org.

NEW THIS YEAR

Math and Literacy Interventions and Extensions

Mrs. Johansen

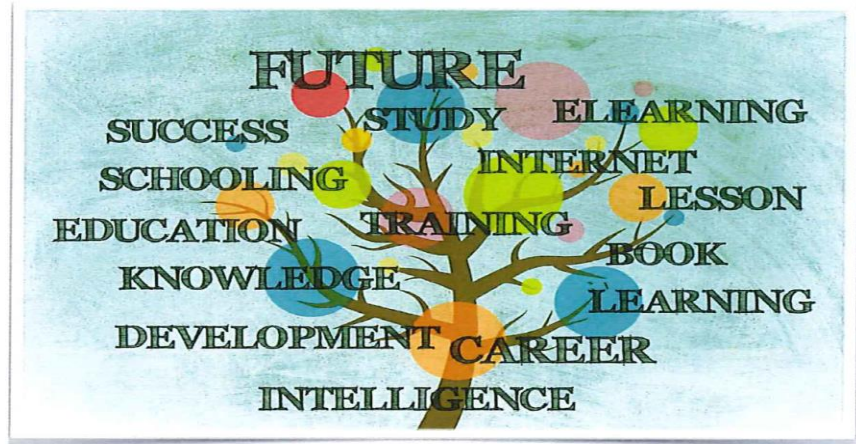
Hello! Some of you may already know me. This is my 6th year in the Menomonie School District. I previously taught at River Heights. Recently I completed my Masters through UW Stout. This gave me the the exciting opportunity to become the Math Specialist here at Menomonie Middle School. I look forward to working with all students to create a love for math.

"Alone we are smart, together we are brilliant." - Steven Anderson

Mrs. Webb

Hello! This is my first year in the Menomonie School District but my 11th year in education. I have my Masters in literacy from the University of Michigan, and I recently completed the Reading Specialist program at UW Stout. I am excited to be here!

"If you do not like to read, you haven't found the right book." - J.K. Rowling



What We Offer

This year we will be using our time to work with students of all levels. This will be done by using school data to create flexible groups. These groups will sometimes work to fill a knowledge gap while other times they will work to extend students thinking. As teachers we know the importance of your child being in their regularly scheduled classes. We will be mindful when creating groups. We are excited to offer another pathway for students to achieve their goals. Let us know if you have any questions!

Attitude + Effort = Success

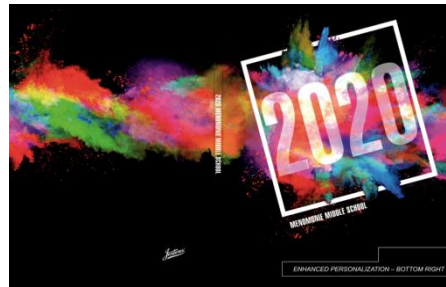
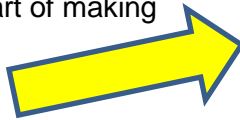


Yearbooks!

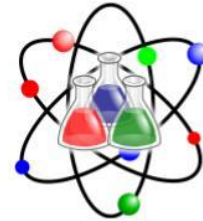


Yearbooks are currently on sale through October 4th, 2019. With our back to school deal you can order a yearbook for the lowest price of the season for \$19. The back to school sale also includes personalization like adding your name to the cover of the book for \$7 and 4 free icons. Please consider ordering a yearbook, the memories last a lifetime!

Check out this preview of our 2020 yearbook cover! Yearbook students picked out this cover last spring. Students learn about design and get to be a part of making our awesome memory books!



Smart Girls Rock!



Are you a middle school girl who is interested in Science, Technology, Engineering, or Math? Do you want to learn about future career possibilities in those fields? Then this event is for you! Join us for hands-on activities, demonstrations, and speed-mentoring with women professionals from the surrounding Dunn County Area.

Who: Any girl in 6th – 8th grade

When/Where: Tuesday, October 29th from 8:00am – 10:30 am in MMS Cafeteria

Teacher Contact: Ms. Yonash room 714



On Monday, October 28th at 6:00pm, please come to the first ever meeting of the MMS Music Parent Boosters. We are looking for active parents who are excited about helping out the music department. This will be the first ever meeting a parent led group - we would love to have many voices at the table as this group takes shape to benefit MMS musicians. If you have any questions, please contact your student's music teacher.



Music Notes



Welcome back to another wonderful year of music making in the MMS Music department! We especially would like to welcome our newest staff member, Mr. Ben Mackie who will be co teaching the Middle School band program with Mrs. Grubbe.

We would like to remind everyone of the awesome events we have coming up. Please note them below.

- Sep 16th - Magazine Fundraiser Kickoff
- Sep 27th - Homecoming Parade (Band performs)
- Oct. 4th - 8th grade trip to see "Mean Girls"
- Oct. 25th - 8th grade band plays at the football game with HS Band
- Nov 8th - Veteran's Day Program
- Nov 9th - Singing in Wisconsin Honors Choir
- Dec 3rd - 6th grade band recording at the HS
- Dec 12th - Winter Band and Choir concert (6/7 grade)
- Dec 16th - Winter Orchestra concert (all grades)
- Dec 17th - 8th grade Band and Choir concert
- Dec 18th - Winter Holiday tour of the district (various groups)

The department's magazine fundraiser is an event that has been held for some time by the Middle School and it's because of your continued support that we in the music department are able to do what we do. Thank you! Students will receive information about selling magazine subscriptions to you the consumer on the 16th and students can potentially build their profit to going towards their cost of field trips. Please consider offering your support of the Menomonie Middle School Music department and its students. Thank you.

James Anderson, james_anderson@msd.k12.wi.us (Orchestra)

Jean Enyeart, jean_enyeart@msd.k12.wi.us (Chorus)

Tara Grubbe, tara_grubbe@msd.k12.wi.us (Band)

Benjamin Mackie, Benjamin_mackie@msd.k12.wi.us (Band)

2019-2020 Middle School Music Calendar

Oct 4	8th grade Field to see Mean Girls	12pm-midnight	Orpheum
Oct 25	8th Grade/HS Band at football game	7pm	HS Stadium
Nov 8	Veterans Day Program	9:45am	MMS Gym
Nov 9	Singing in Wisconsin Honors Choir	8am-5pm	Chippewa Falls HS
Dec 3	6th grade band recording	School day	MHS Gym
Dec 12	Winter Grade 6/7 Band/Choir Concert	7pm	MMS Gym
Dec 16	Winter Orchestra concert	7pm	MMS Gym
Dec 17	Grade 8 Band/Choir concert	7pm	MMS Gym
Dec 18	Holiday Tour	8am-3pm	Elementary Schools
Jan 7	District Choral Festival	All Day	MHS
Jan 10-11	Wisconsin All-State Choir	All-Day	Appleton
Jan 23	UWEC Middle Level Honors Choir	All-Day	UWEC
TBD	8th Grade Basketball Pep Band	7pm	MHS Gym
Jan 28	Band-a-Rama	7pm	High School
Jan 30	UWEC Middle Level Honors Band	All-Day	UWEC
TBD	Solo and ensemble	4-7 pm	MHS
March 9th	Orchestra 6-12 "pop"	6pm	MHS Commons
Apr 5	Solo & Ensemble Festival	9am-4pm	Chippewa Falls HS
April 14	8th Grade Lg Group Band/Orch Festival	TBD	Memorial HS
April 23	8 th Grade Lg Group Choral Festival	School Day	MHS Auditorium
May 2	State Solo and Ensemble	All Day	UWEC

Menomonie Middle School has a Tennis Team!

Starting this year, 6th, 7th, and 8th grade girls have an opportunity to play roughly two matches each week against local competition within the Eau Claire League. With 20+ girls out for Tennis this year, we are excited for kids new to Tennis and welcome back those continuing to play.

All skill levels are welcome and you have the opportunity to play with your friends, as we play Doubles Tennis.

Try out Tennis in 6th grade and see how you like the sport. This is a great opportunity for beginners who might be new to Tennis and also for advanced players to have plenty of court time playing tough competition. Are you looking for a fun, social, outdoor sport to play with a friend? Tennis might be the sport for you!

Middle School Head Coach: Brad Neville

Middle School Assistant Coach: Jaclyn



Middle School students are invited to join MultiCultural Club!

BIENVENIDOS! WILLKOMMEN! NYOB ZOO!

The MultiCultural Club meets 1 or 2 times a month to learn about different cultures. Mrs. Lemanski and Mrs. Bade are the Teachers working with the students. We usually do 2 fundraisers: selling Butter Braids in the fall and Concessions at the spring track meets.

Do you want to try using chopsticks? Do you want to taste a Hmong eggroll or Spanish flan? Do you want to learn about other cultures and languages? Do you want to see or be seen in a multicultural fashion show or attend the Festival of Nations in St. Paul, Minnesota in the spring?

Then, Join MultiCultural Club!

We had our first meeting already, but anyone is welcome to join at any time!

Listen to the announcements for our next meeting time!

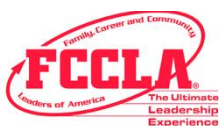
Come join the fun! See you there! Adios Amigos! Bis spaeter!



Interested in joining MathCounts?

MATHCOUNTS®

MATHCOUNTS is a club that runs from November through February. Our team will have three competitions against local schools, with the opportunity for our top 12 competitors to participate in a Regional competition and a chance to advance to a state level competition. We travel by bus to our competitions, and they take place during regular school hours. Practices will be held once a week on Wednesdays for an hour after school. If the after-school practice does not work with your schedule, students may have the option to sign up to take MATHCOUNTS as their 7th Hour WIN class for an upcoming rotation and can practice right within the school day. Interested students should watch for more information to come from their math teachers or on morning announcements towards the end of October.



Update

Family, Career and Community Leaders of America (FCCLA) is a national student organization that helps students become better leaders. Students can compete at both regional and state level (which means a possible trip to the Kalahari in April!)

What does FCCLA do at MMS?

- FCCLA Members attend monthly meetings to plan/participate in community service events, STAR projects, and chapter building activities.
- STAR Events (Students Taking Action with Recognition) are competitive events in which members create chapter and individual projects.

Any interested students are welcome to be a part of our club! Students interested in joining FCCLA should see Mrs. Kellander ASAP to get started on STAR projects. Projects begin before Thanksgiving as competition happens in early February.

Congratulations Erin McNally!

Erin participated in FCCLA at MMS last year. She created and competed in STAR events with her project called “Speedy Steffan” in the Sports Nutrition category. She competed at the regional, state, and national level. We are proud to announce that Erin earned a gold medal at the national competition last summer! She travelled with her sister and mom to Anaheim, California in July.

Check out their photos below (they even got to go to Disneyland!)



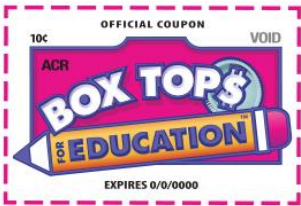
BOXTOPS

Thanks for your continued support for our school!

THE NEXT GENERATION OF BOX TOPS IS HERE! Box Tops is changing to fit today's families. The new and improved Box Tops mobile app uses state-of-the-art technology to scan your store receipt, find participating products and instantly add Box Tops to your school's earnings online.



SCAN: If you see this label, do not send it to school. Use the new Box Tops App to scan your store receipt within 14 days of purchase. The app will find participating products and instantly add Box Tops to your school's earnings online.



CLIP: Traditional Box Tops clips are being phased out of production, but you can still send unexpired clips to school. Every valid Box Tops clip is worth 10¢.

The collection bin is located in the office.

Download the [BOXTOP APP](#) now!!!

Earn Money for Our School!

Shoparoo

Turn your shopping receipts into donations for our school. Just download the Shoparoo app and select the school you want to receive the donation. Just download the Shoparoo app and start scanning your receipts.

Shop: Shop for any product, at any store

Snap: Take a picture of your receipts

Earn: Shoparoo donates to your school

Where does the donation money come from? Their founders are former teachers and retail executives who have found a novel way of matching schools' need for financial support with major consumer brands' need for market research. When you use the Shoparoo app to raise money for your school, your receipt data along with any answers you provide to optional surveys is made anonymous and summarized in market research reports that brands purchase. All research data remains anonymous, and this enables them to give money back to schools!



Health Office Reminders/Procedures

An Emergency Card for the current school year should be on file in the Health Office. You and your child are responsible for completing the card and returning to the office ASAP. Please provide an emergency contact and keep the office informed of current work and cell phone numbers throughout the school year. Thank you for your assistance!

Emergency medication that is needed for field trips, sports or during the school day for your child should be provided at the start of each new school year. If your child has been prescribed an inhaler or Epi-pen for their health concern, please provide emergency medication as soon as possible. ER medication can be kept with the student or stored in the Health Office.

All non-prescription and prescription medication must be administered in the Health Office. *An authorization form must be completed for all medication each school year.* Parent authorization is needed for over-the-counter medication and a doctor's authorization for prescription medication. Students may pick up the required form(s) in the Health Office or on the school website. With the exception of an inhaler and or Epi-pen, a student is not allowed to have any medication in their possession during the school day. We encourage you to provide pain reliever/cold/allergy medicine and/or cough drops as needed for your child at school. Please remember **medication must be brought to the Health Office in the original package or bottle. Thank you!**

Immunizations – Parents of students who are *behind schedule* or have *no record* on file will receive a notice. This notice will state a deadline to provide proof of immunization requirements or an “in process” status. Failure to provide proof of the requirements can result in exclusion from school. The Tdap requirement **affects ALL middle school students for the 2019-20 school year.** Thank you to all the families who have already submitted proof of the immunization requirements.

*Meningococcal Vaccine is recommended for all children at their routine pre-adolescent doctor visit (11-12 years of age). This is **not** a required vaccine at this time, but because of the recent deaths on college campuses, many colleges are now looking at requiring this vaccine on or before acceptance to their campus.

Please remind your child not to share drinks, lip products and use good hand washing practices. Clean hands help prevent illness.

Lost and Found

If your child has misplaced something at the Middle School, there is a *Lost and Found* table in the hallway by the office. Please encourage your child to check this location to claim lost items. The PE Dept. has their own *Lost and Found* table in each of the locker rooms. We accumulate many, many items during the year.





Pay Attention to Attendance: Keep Your Child On Track in Middle and High School

Showing up for school has a huge impact on a student's academic success starting in kindergarten and continuing through high school. Even as children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is so important for success in school and on the job.

DID YOU KNOW?

- Students should miss no more than 9 days of school each year to stay engaged, successful and on track to graduation.
- Absences can be a sign that a student is losing interest in school, struggling with school work, dealing with a bully or facing some other potentially serious difficulty.
- By 6th grade, absenteeism is one of three signs that a student may drop out of high school.
- By 9th grade, regular and high attendance is a better predictor of graduation rates than 8th grade test scores.
- Missing 10 percent, or about 18 days, of the school year can drastically affect a student's academic success.
- Students can be chronically absent even if they only miss a day or two every few weeks.
- Attendance is an important life skill that will help your child graduate from college and keep a job.

WHAT YOU CAN DO

Make school attendance a priority

- Talk about the importance of showing up to school everyday, make that the expectation.
- Help your child maintain daily routines, such as finishing homework and getting a good night's sleep.
- Try not to schedule dental and medical appointments during the school day.
- Don't let your child stay home unless truly sick. Complaints of headaches or stomach aches may be signs of anxiety.

Help your teen stay engaged

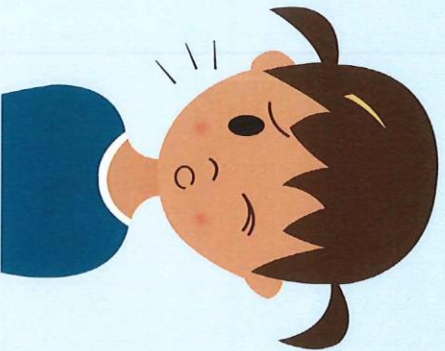
- Find out if your child feels engaged by his classes and feels safe from bullies and other threats. Make sure he/she is not missing class because of behavioral issues and school discipline policies. If any of these are problems, work with your school.
- Stay on top of academic progress and seek help from teachers or tutors if necessary. Make sure teachers know how to contact you.
- Stay on top of your child's social contacts. Peer pressure can lead to skipping school, while students without many friends can feel isolated.
- Encourage meaningful afterschool activities, including sports and clubs.

Communicate with the school

- Know the school's attendance policy – incentives and penalties
- Talk to teachers if you notice sudden changes in behavior. These could be tied to something going on at school.
- Check on your child's attendance to be sure absences are not piling up.
- Ask for help from school officials, afterschool programs, other parents or community agencies if you're having trouble getting your child to school.



WHEN IS SICK TOO SICK FOR SCHOOL?



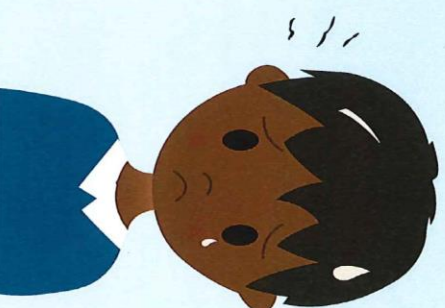
Send me to school if...

- I have a runny nose or just a little cough, but no other symptoms.
- I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.
- I haven't thrown up or had any diarrhea for 24 hours.



Keep me at home if...

- I have a temperature higher than 100 degrees even after taking medicine.
- I'm throwing up or have diarrhea.
- My eyes are pink and crusty.



Call the doctor if...

- I have a temperature higher than 100 degrees for more than two days.
- I've been throwing up or have diarrhea for more than two days.
- I've had the sniffles for more than a week, and they aren't getting better.
- I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



Adapted with permission from Baltimore City Public Schools.

Love & LOGIC



**Sign up
Now!**

Light snacks and
babysitting is provided
during the session!!

Parenting the Love and Logic Way: Two sessions designed to help parents equip kids with character, compassion, problem solving skills and more!

- Stay calm when your kids do incredibly upsetting things
- Avoid un-winnable power struggles and arguments
- Raise kids who are family members rather than dictators
- Help your kids learn from mistakes so they don't repeat them
- Avoid enabling and begin empowering
- Set enforceable limits

Signing up is easy! Contact Casey Yonash at

 715-232-1673 Ext. 30714 OR

 cassandra_yonash@msd.k12.wi.us

Parenting the Love and Logic Way

Dates: Saturday, October 26th

Saturday, November 16th

Time: 9:00am - 12:00pm

Location: Menomonie Middle School

Cost: Free

Spots are limited: 20 total | Sign up today!



Extension

UNIVERSITY OF WISCONSIN-MADISON

The University of Wisconsin-Extension provides affirmative action and equal opportunity in education, programming and employment for all qualified persons regardless of race, color, gender, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental, arrest conviction record or veteran status.

Middle Years

Working Together for School Success



Short Stops

Making an entrance

Teach your child to enter a room confidently. Have him practice walking into the kitchen or living room with his back straight and head high, then greeting you while looking you in the eye. He'll make a good impression on others and feel more self-confident.

Count on counselors

Remind your middle grader that her school counselor is there to help her in all kinds of ways. She might ask the counselor about opportunities that match her interests, such as an engineering competition or a writing workshop. Her counselor can also listen if your tween needs help with issues like stress or relationships.

Proofing around town

Here's an easy way to show your child why proofreading is important. Together, look for signs on highways or buildings that contain punctuation or spelling errors or confusing wording. *Examples:* "Sport's Store." "Tables for eating customers only." Who can find the funniest example—and then tell how to fix it?

Worth quoting

"We will be known by the tracks we leave behind." *Dakotan proverb*

Just for fun

Q: I have a neck but no head, and I wear a cap. What am I?

A: A bottle.



Brain-friendly studying

Active study strategies like drawing, moving around, and teaching information to others help to cement material in your tween's brain. They also make studying more fun! Share these techniques.

Make a meme

Encourage your middle grader to create memes inspired by topics she's studying. For Newton's laws of motion, she could draw herself as a soccer goalie blocking a shot. This shows that an object in motion (the ball) stops when a force (the goalie) acts upon it. Her caption? "Thanks for the win, Newton!"



Get moving

Combine fitness with studying. Have your tween list six movements, such as lunges, burpees, and toe touches, and number them 1–6. As she finishes studying each page or section, she can roll a die and review out loud while doing the matching exercises (describe the three branches of government as she does three lunges).

Record a podcast

If your child can teach a concept to someone else, that means she really understands it. Suggest that she record a podcast explaining an algebraic formula and share it with a classmate, for example. *Idea:* She and her friends might make a group podcast interviewing each other about a historical event or science lab. 👍

A successful juggling act

Middle graders juggle classes, responsibilities at home, and activities. Help your tween keep all those balls in the air with this system.

Sort tasks. Each week, have your child create a three-column chart for School, Activities, and Home. Then, he could list obligations: "French essay due Thursday" under School, "Get supplies for cross-country car wash Saturday" under Activities, and "Do laundry" under Home.

Use time wisely. Your tween can choose tasks to match his pockets of time. For instance, if you say you'll take him to buy car-wash supplies in 10 minutes, he might sort his laundry in that small time slot. Then, maybe he'll start on his essay when he gets home and has an hour before dinner. 👍

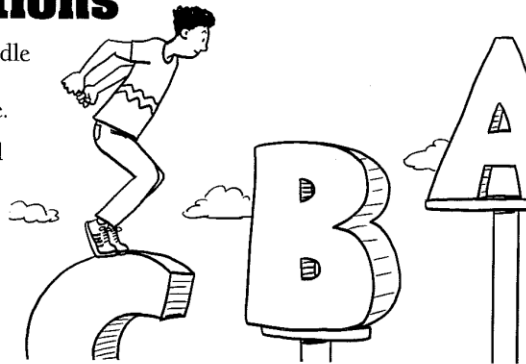


Effective expectations

Setting a high achievement bar for your middle schooler will inspire him to leap high. Follow these steps to put realistic expectations in place.

1. Decide what's doable. Perhaps your child got a C in English last year. Rather than expecting him to earn an A this year, tell him you expect him to bring up his grade.

2. Focus on what matters. Keep communication clear by saying exactly what you mean. If your middle grader wants to quit the debate team, you might say, "I expect you to stick to your commitments" rather than "You have to do debate." That means he'll need to finish the competition



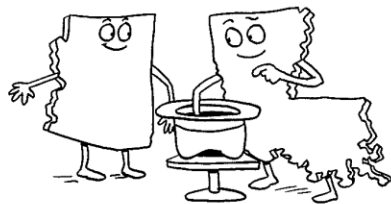
season, but he can switch activities next semester if he still feels the same way.

3. Handle setbacks. Part of meeting expectations involves making adjustments. Let your tween know not to be discouraged by one low grade or one challenging debate. Have him ask his teacher how a low score will affect his average, then make a plan to raise it. Or he could plan to spend extra time practicing for his next debate. 👍

Are we there yet?

Arizona, Missouri, Louisiana...does your child know where each state is located? Help her explore geography by playing this game.

Materials: large U.S. map, paper, pencil, scissors, hat, game tokens, die



Ask your middle grader to list all the states' names on a sheet of paper (she can refer to the map) and cut them apart to make 50 slips. Put the slips in a hat, and let each family member pick one.

Place the U.S. map on the floor, and have each person put a token on the state you live in. Then, take turns rolling a die and moving that number of states—with the goal of reaching the state she drew. The first player to land on her state wins. 👍

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfeustomer@wolterskluwer.com
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Q & A

The importance of integrity

Q I've heard that some students cheat on tests by looking up answers on their phones. How can I keep my daughter from doing something like this?

A Tweens may not consider "e-cheating" to be as serious as copying from a classmate's paper. Explain to your daughter that any type of cheating is wrong and that you consider honesty more important than high grades.

Role-play what to say if a classmate asks her to cheat, perhaps by texting answers. For instance, she could say, "I like to do my own thing" or simply "No thanks." She'll feel good about doing what's right.

Also, remind her to obey school rules for technology use like leaving her phone at home or in her locker. This will help her avoid the temptation to cheat and make it easier to resist pressure from others. 👍



Parent to Parent

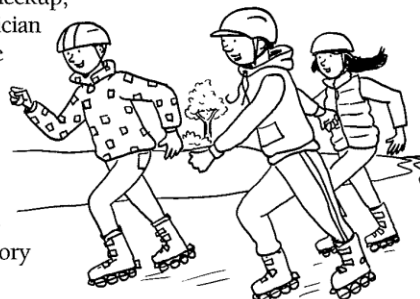
On the move

When my son Rory was younger, he'd spend hours playing outside with his friends. Now that he's older, he and his buddies would rather play video games.

At his annual checkup, I asked the pediatrician how much exercise Rory needs. The doctor said children—and adults—should be active at least an hour a day. He suggested that when Rory has a friend over, I

encourage them to do something active. And he recommended that we stay active as a family, maybe by going for walks or bike rides.

Rory must have been paying attention to the doctor, because he recently invited some friends to go Rollerblading. And this Sunday after dinner, we're going to ride our bikes around the neighborhood. I'm looking forward to being more active, too! 👍



Mustang 5K



Saturday, October 26, 2019

Menomonie Middle School

Registration

Individual- \$20

Family Price - \$45 (Maximum of 4 people at the same address)

Race Day

7:30 a.m. Registration

9:00 a.m. 5K Timed Race

10:00 a.m. Kid's ¼ Mile Run (free)

All proceeds will support Menomonie Middle School student school activities.

Registration needs to be received by October 12 to the Middle School to receive a T-Shirt.

*No Refunds will be issued for registration cancellations or weather cancellations.

**Stroller/Wheelchair friendly course... no rollerblades, bicycles or animals please!

***For more information and race results please visit

<https://sites.google.com/msd.k12.wi.us/mustang-5k/home>.

****For questions please email natalie_topper@msd.k12.wi.us

Dress in your
Halloween
costume to
receive a prize!

Mustang 5K Registration Form

Registration Fees: \$20 individual / \$45 family (Please fill out one form per person, extra forms available)

T-Shirt Size: Youth: S M L Adult: S M L XL XXL No Shirt: _____

Name: _____ Age: _____ Male Female

Address: _____

City: _____ State: _____ Zip: _____

Phone Number: _____ Email: _____

Waiver & Release: I understand that participation in the Mustang 5K is voluntary and involves an element of risk or danger for participants and may cause serious injury, death, or property loss. I acknowledge these risks and release the City of Menomonie, Menomonie Middle School, Menomonie School District and any of the sponsors or volunteers involved from any liability or damages sustained while participating in the above activity.

I also grant permission for photos to be taken of my children or me during the Mustang 5K to be used by Menomonie Middle School, the Menomonie School District, or other agencies for educational/public relations purposes.

Signature

Date

Parent/Guardian Signature (if under 18)

Date

Make Checks payable to Menomonie Middle School
Send Registration or Return to Menomonie Middle School Front Office

Attn. Mustang 5K
920 21st St SE
Menomonie, WI 54751